

# TEXAS A&M AGRI LIFE EXTENSION

Eastland County Extension Office  
102 N Lamar Suite 307  
Eastland, TX 76448  
Phone: 254-629-2222  
Website: [eastland.agrilife.org](http://eastland.agrilife.org)  
Facebook: Eastland County 4-H  
AgriLife Extension-Eastland County  
Healthy Living in Eastland County



Eastland County

# 4-H Focus



## November—December 2020



The members of Texas A&M AgriLife provide equal opportunities in programs, education and employment, without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status.



# Meeting Dates



## Highway 6 4-H Club

Tuesday, November 3rd  
@ 6:30 pm

Leon River Cowboy Church  
491 CR 447 Eastland, TX

Club Leader: ShaMarie Tamminga  
Phone: 325-642-5336

## Rising Star 4-H Club

Thursday, November 12th  
@ 4:15 pm

First Baptist Church  
306 N Main Rising Star, TX

Club Leader: Caryl Lawrence  
Phone: 325-642-8616

## Cisco 4-H Club

Thursday, November 19th  
@ 5:30 pm

Myrtle Wilks Community Center  
1498 I-20 Frontage Rd Cisco, TX

Club Leader: TJ Cummings  
Phone: 254-488-1249

## 4-H County Council

Monday, November 16th  
@ 5:00 pm

Leon River Cowboy Church  
491 CR 447 Eastland, TX

Club Leader: Regina Watkins  
Phone: 817-994-3656



# Meeting Dates



## Adult Leaders

Wednesday, November 18th  
@ 5:30 pm  
Via Zoom  
Club President: Pam Chaney  
Phone: 254-631-8440

## Archery

Sunday, November 15th  
Sunday, November 22nd  
@ 3:00 pm  
Eastland Archery Range  
CR 536 Eastland, TX  
Project Leader: Brad Robinson

## Food Challenge Practice

November 9th, 30th  
Jr/Int: 5:30pm  
Leon River Cowboy Church  
491 CR 447 Eastland, TX  
Project Leader: Regina Watkins  
Phone: 817-994-3656

## Leadership & Citizenship

Tuesday, November 17th  
Tuesday, December 15th  
5:30pm—6:30pm  
Justice of the Peace Courtroom  
Eastland County Courthouse  
Project Leaders: Judge Jon Glenn &  
Amy O'Brien-Glenn  
Phone: 254-629-2222

Building leaders today for tomorrow.  
*"You were born for such a time as this."*



# 4-H RE-ENROLLMENT



All 4-H members will need to re-enroll for the 2020-2021 year. The enrollment fee increases to \$30 beginning November 1st.

Enrollment is open on 4-H Online: [v2.4honline.com](http://v2.4honline.com)

*You may select the “pay by check” option on the payment screen and bring cash or check to the Extension Office or pay by card online.*

*Please call the Eastland County Extension Office at 254-629-2222 if you have any issues with the website or need assistance navigating the website.*

## QUALITY COUNTS NUMBERS

**All 4-H members who plan to participate in any major stock show will need a Quality Counts number.**

All members who will be showing for the first time or members moving into a new age division will need to complete the Quality Counts curriculum and test at the following link: <https://www.texaslivestockvalidation.com/qc/qcregister.aspx>

***\*Entries for major stock shows cannot be submitted without a Quality Counts number\****



For more information, please contact the Eastland County Extension Office at 254-629-2222.





# **STOCK SHOW ENTRY DAY**



**Tuesday, November 3rd**

**8am—7pm**

**All major stock show entries are due to the  
office on this date**

\*Entries will also be accepted for the Eastland County Stock Show\*

\*All payments for entry fees for major stock shows will include a \$5 processing fee\*

**If you cannot make it to the office on this day,  
please call to make other arrangements.**



For more information, please call the Extension  
Office at 254-629-2222.





# **VALIDATION DATES**



## **Swine**

Tuesday, November 17th

2pm– 6pm @ ECLRA Show Grounds

## **Rabbit**

Tuesday, December 15th

4pm—6pm @ ECLRA Show Grounds

# **EASTLAND COUNTY 4-H FOOD CHALLENGE & FOOD SHOW**

**Friday, November 6th**

**Beginning at 9am**

**@ Leon River Cowboy Church**

Schedule will be released on Monday, November 2nd

*\*All 1st place Food Show individuals and 1st and 2nd place Food Challenge teams will automatically advance to District 8 Food Challenge and Food Show\**



For more information, please call the  
Extension Office at 254-629-2222.





# **SHOWMANSHIP CLINIC**



**Saturday, December 19th**

**@ Gorman FFA Barn**

**Time TBA**

**Sheep, Goats & Pigs**

**Open to all FFA and 4-H members!**

For more information, please call the Extension Office at 254-629-2222.

## **EASTLAND COUNTY LIVESTOCK SHOW**

### **WORK DAY**

**Eastland County 4-H and FFA members will be working together to set up pens for the Eastland County Livestock Show.**

**Thursday, December 17th @ 2pm**

*Please call the Extension Office at 254-629-2222 if you*

*need an Excused Absence Letter for school.*





# **EASTLAND COUNTY LIVESTOCK SHOW**



**January 13-16th**

**ECLRA Show Grounds**

**Entries due: Monday, November 30th**

*\*Late entries will be accepted until 8pm on Wednesday, January 13th  
and will be subject to a \$50 late fee\**

<b>Entry fees:</b>	<b>Cattle \$20</b>	<b>Commercial Heifers \$35</b>	
	<b>Sheep \$15</b>	<b>Goats \$15</b>	<b>Hogs \$15</b>
	<b>Broilers \$15</b>	<b>Turkeys \$15</b>	<b>Rabbits \$15</b>

Entry forms and rule books can be picked up at the Eastland County  
Extension Office or found at:

<https://eastland.agrilife.org/eastland-county-livestock-show/>

For more information, please call the Extension Office at 254-629-2222.





# **EASTLAND COUNTY CREATIVE ARTS CONTEST**



**January 14—15, 2021  
Hutto-Humiston Building  
ECLRA Show Grounds**

**All contests are now open to all Eastland County residents, age  
5 and up, including professionals!**

**Youth Entries \$1      Adult Entries \$2**

**Contests include Art, Photography, Baking, Canning and Sewing!**

**Entries must be turned in at the ECLRA Show Grounds, Hutto-Humiston  
Building, on Wednesday, January 13, 2021 between 9am and 7pm.**

**Baking entries must be turned in at the ECLRA Show Grounds, Hutto-Humiston  
Building, on Friday, January 15, 2021 between 8:30am and 10:00am.**

**Judging will begin at 3:00pm on Thursday, January 14, 2021.**

**Judging for baking entries will begin at 10:30am on Friday, January 15, 2021.**

**Entries will be on display after all judging has been completed.**

**For more information, call the Eastland County Extension Office at 254-629-2222.**

**Rules and entry forms can be found at <https://eastland.agrilife.org/fcs/creative-arts-contest/>**



# **EASTLAND COUNTY 4-H CHRISTMAS PARTY**



**Saturday, December 5th**

**2pm—5pm**

**@ Majestic Theater in Eastland**

Wear your favorite Christmas shirt, PJs or ugly sweater and come join us for a Christmas movie, popcorn and surprises!

*Head over to One Starry Night and the Lighted Christmas Parade with your parents afterwards for more fun!*

## **EASTLAND COUNTY COURTHOUSE & COURTHOUSE ANNEX CHRISTMAS TREES**

Eastland County 4-H will be decorating the Eastland County Courthouse and Courthouse Annex Christmas Trees.

**Saturday, November 21st**

**@ 10:00am**

Come join us for this community service opportunity!





# **OTHER UPCOMING IMPORTANT DATES**



- Eastland County Food Challenge/Food Show: November 6th
- District 8 Food Challenge/Food Show: December 3rd
- Dog Validation deadline: January 10th

## **UPCOMING STOCK SHOWS**

- SandHills Stock Show & Rodeo: January 6th—16th
- Eastland County Stock Show: January 13th-16th
- Fort Worth Stock Show & Rodeo: CANCELLED
- San Angelo Stock Show & Rodeo: February 4th—21st
- San Antonio Stock Show & Rodeo: February 11th—28th
- Houston Livestock Show & Rodeo: March 2nd—21st
- Austin Stock Show & Rodeo: March 13th—27th

*Call the Eastland County Extension Office at 254-629-2222 if you need an Excused Absence Letter sent to your school for any stock shows you will be participating in.*



## COVID 19 and 4-H



We encourage you to be socially responsible by helping to minimize the spread and impacts of this virus. Please keep washing your hands and take care of yourself, your family and friends. If you feel sick, take actions to not spread the disease, especially among the elderly or those with underlying health challenges. You can find additional resources at [texashelp.tamu.edu](http://texashelp.tamu.edu), [dshs.texas.gov/coronavirus/](http://dshs.texas.gov/coronavirus/) and [www.cdc.gov/coronavirus/2019-ncov/index.html](http://www.cdc.gov/coronavirus/2019-ncov/index.html)

Thank you for your continued support and leadership!

We are anxious to see you all in person soon!



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# **HOLIDAY HEALTH AND SAFETY**



**Saylor Monty  
10-19-2020**

Sometimes our holiday recipes don't exactly match up with the MyPlate outline. We can always do something to make our holiday meals a whole lot healthier. When we use canned, premade foods, they add a lot of excess sugar and salt that we don't need. We can avoid all that excess stuff by making the food ourselves. When we can't decide what to put on our plates, go for veggies first. We should eat slowly so that we don't overeat and get too full. Sometimes the holidays can overwhelm us, so it's important that we get a little "me time" to calm us down. By following these tips, we'll have holly, jolly, healthy holidays!



## Welcome to an Exciting Year of 4-H!



First of all, I would like to welcome all of our new 4-H members that have signed up for this year. I hope that this will prove to be a fun, educational, and worthwhile experience for everyone.

Here are a few tips and pointers that will help you make the most of your 4-H experience:

1. “Like” the Eastland County 4-H Page- This page is your “go to” spot for all things 4-H in our county. Our extension office is so good to post meeting dates and places, contest and volunteer opportunities, as well as any other information you might need as you progress through your 4-H year!
2. Find your “niche”- 4-H has some sort of opportunity for every personality type. Many people typically think that 4-H is only about showing animals; however, that is a huge misconception! From cooking, to photography, to shooting sports, to community service, 4-H has it all! If you are not sure what you really want to do, try out a few different things, and see which you like the best! You are welcome to try them all!
3. Invite your friends to join you- Everything is better with friends around, even 4-H. We are always looking for new members, and we encourage you to invite a friend to join you at a meeting or function. Who knows... maybe your friend will decide to join a club as well!
4. Don’t be afraid to try- Sometimes it is scary to try new things such as joining new clubs or trying new activities or contests. Just do it! Eastland County has some amazing volunteers who will be behind you cheering you on every step of the way! Win or lose, you will become a stronger person for the process!

Again, welcome to Eastland County 4-H. I hope you have a fantastic year and many great learning experiences!

Sincerely,  
Kelsey Eisenbach  
Eastland County Council Vice-President